

How To Have “The Conversation”



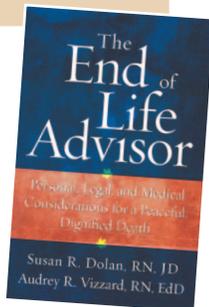
Contact Susan Dolan when...

- ✓ **planning for the future to avoid a crisis, or**
- ✓ **you find yourself headed for a crisis, or**
- ✓ **you find yourself in a crisis.**

“Packed with wisdom, compassion, humor, and most of all hope...”

Barbara Dossey, PhD,
RN, AHN-BC, FAAN

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Susan R. Dolan RN, JD brings twenty years of hospice experience to her work as a healthcare consultant, advocate and advisor on end-of-life care. A registered nurse and attorney, Susan is coauthor of the 2009 award winning book, *The End-of-Life Advisor: Personal, Legal and Medical Considerations for a Peaceful, Dignified Death*. Susan appears in the critically acclaimed film *Consider the Conversation: a documentary on a taboo subject*.

In addition to helping private clients, healthcare professionals and care facilities, Susan speaks for groups and large fund raising events and publishes a popular blog at Huffington Post.

Woody Allen said: “I’m not afraid to die, I just don’t want to be there when it happens!”

Talking about death can be scary. Most Americans say they would like to die peacefully and pain-free at home, surrounded by loved ones—and it can be hard to have this conversation with our family.

However, patients and loved ones often feel a deep sense of relief and gratitude when these honest conversations take place.

There are many ways to get the conversation started:

- Sit with a loved one and watch this video.
- Leave a book about end of life care in the bathroom library.
- Ask, “Do you have any special requests at the end of life?” or “Aunt Elsie told me she wants to be cremated, have you thought about what you would like?” or “I’d never want to live on a ventilator like Uncle Sam, would you?”

Often, a neutral outsider such as a hospice or palliative care professional can help facilitate difficult conversations.

Learn more at Endoflifeadvisor.com. While we have nothing to say about getting into this world, we certainly have a lot to say about getting out!



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